Subset Arrays for Multiple Rows with FILTER
Filter an array to return values that match a value with FILTER(). Use an array like this: =FILTER(array, criteria, [include_numbers]).

Where the lookup value does not match a row, provide a default value with XLLOOKUP: anger = XLLOOKUP(lookup_value, array1, array2, [match_mode])

FILTER can also return multiple rows: =FILTER(array, criteria, [include_numbers])

Find Positions in Lists with XMATCH()
Find the position of a list in the first row that matches a value with XMATCH().

For text values, convert the string to a list using TRIM() or SUBSTITUTE().

Get Values by Position with INDEX
Get the value in a row and column number within an array with INDEX() — new and columns numbers start from 1:

Sort Arrays with SORT and SORTBY
Sort an array in ascending order of values in a column with SORT.

Sort arrays in descending order of values in a column with SORTby:

Sort an array by another column with SORTby:

Find Substrings with FIND()
Find the position of the first instance of a character sequence with FIND():

Join & Split Text with TEXTJOIN() and TEXTSPLIT()
Combine an array of strings into a single cell with TEXTJOIN():

Cell text is by default with TEXTJOIN():

Split text on multiple delimiters with TEXTSPLIT(delimiter, array):